

# VISTA PALOMAR RIDERS NEWSLETTER

NOVEMBER 2020



## IMPORTANT DATES

### Board Meeting

Dec. 1 6pm on Zoom

### Potluck

(not yet)

### Elections & Food Drive

Nov. 18 5:30pm-7:30pm

### Horse & Rider Clinic

Nov. 28-29 (see flyer)

### VPR Campout

Dec. 5-6 (flyer attached)

We are hosting a food drive for election night on 11/18. This will benefit the North County Food Bank, so it will cover our community footprint. We will collect food from 5:30-7:30, on 11/18, during ballot collection at the upper parking lot of the Club House. The goal is 200lbs of food.



## Most Needed Food Items

Canned Chicken & Tuna • Dry & Canned Beans • Cereal • Rice  
Nuts & Seeds • Peanut Butter • Canned Soup • Canned & Dried Fruit  
Canned Vegetables • Powdered Milk • Infant Formula

## Nutritional Choices

Tuna in Water • Low-Sodium Canned Beans • Brown & Wild Rice  
Low-Sugar Whole Grain Cereal • Unsalted Almonds • Flax Seeds  
Low-Sodium & Low-Fat Canned Soup • No Sugar Added Peanut Butter  
Canned Fruit in Water or Juice • Low-Sodium & No Salt Added  
Canned Vegetables • Low & Nonfat Powdered Milk

**We are unable to accept:**  
*Glass jars or homemade food products*

[www.SanDiegoFoodBank.org](http://www.SanDiegoFoodBank.org)

## Dream Horse AZ Comes to California 2 Day Horse & Rider Clinic



Date:	November 28th - 29th
Time:	9:00 am – 3:00pm Morning Clinic 9-11, Lunch break with Q & A, Afternoon Clinic and conclusion 12-3
Location:	Vista Palomar Riders 973 Little Gopher Canyon Rd Vista, California 92084
Price:	\$350.00* Horse/rider 2 days \$200.00 Per day \$ 25.00 Auditor/Observer Reservations Required - LIMIT 10 RIDERS
Contact:	Dream Horse AZ Jeff Cook – 520-460-8474 <a href="mailto:DreamHorseAZ@hotmail.com">DreamHorseAZ@hotmail.com</a>

**This riding clinic is for horses that are broke to ride safely under control in a group environment. The emphasis of this clinic is for a softer feel, quicker responses and to build on your relationship with your horse.**

### *Here are our guidelines for all clinic horses:*

All horses must be ridden already (no un-started horses for this clinic)

You can already walk and trot your horse safely

Your primary goal is to improve your ridden work, build confidence and challenge you to the next level

No serious behavioral issues (no rearing, bucking, bolting, etc). This is because it is difficult to address these types of issues given the time allowed during each clinic, and the mix of riders in each class. We would be happy to have you come to our place for private lessons with these issues, and then attend a clinic.

We aim to provide a happy, calm supportive place for all of our clinic riders and horses, thank you for helping us achieve this.

### This clinic will cover:

#### Ground work

- Create trust
- Jeff's 11 step "yeah-but"
- What you learn on the ground, you use in the saddle

#### Riding

- ❖ Use the trust
- ❖ Establish communication with your body
- ❖ Anticipating your ride
- ❖ Refine what you know
- ❖ Control and responsiveness
- ❖ Keep your horse listening
- ❖ Taking your horse to the next level

### Soft Hands - Responsive Horse



Extreme Mustang Competitor - Reserve Champion and Top 10

Veterans Equine Assisted Therapy Facilitator

Competitor Arizona Horseman's Challenge

Mustang TIP Trainer

Equine Show Judge

APHA World Show

Writer for online horsemanship article

Over 40 years of equine experience and knowledge

## **Election Bio's 2021**

### **President**

Jessie Keenan

I've been a VPR member for about 5 years. I've enjoyed serving on the VPR Board for the past two years. I live and board my horse, Maverick, in Oceanside. We enjoy trail riding, camping, and chasing cows with our horse family and fellow VPR



members. It has been a wild year for event planning at the club and looks like that will continue into next year. I look forward to working with our board team to find creative ways to safely bring our members together and generate funds for our fantastic club.

### **Vice President**

Jini Moeller



I have been a member of Vista Palomar Riders Club for about 5 years and believe it to be a rare and unique equestrian treasure. I'm currently having fun with some ranch riding events. My riding horse is a quarter horse gelding named Romeo that I have had for about a year and a half. I have a retired 19-year-old mare that I've loved for 18 years, at my home and her one-eyed rescue hackney pony friend Banjo.

I have been on the VPR Board now for the past year. It has been an interesting year to serve as it has been a difficult one with Covid 19 restrictions. I'm proud of my team members who have pulled off holding some really fun and successful events while adhering to the Covid 19 guidelines. It is with great hope that the coming year

will have us back in the saddle with some fresh events at VPR. I am eagerly looking forward to working with and alongside you, the members, to assist in developing the activities and benefits of membership that you are looking for. Let's Rock 2021!

## **Secretary**

Gail Cantrell

I have enjoyed being on the Board this last year and would be happy to serve another year in the capacity of Secretary. In that role, I will get timely information to members, send updates to our webmaster, and perform administrative duties for the Board. I have years of work experience to perform these tasks.



## **Treasurer**

Laurie McKee



## **Board Members**

### **Teri Arditto**



Oh my, what a year 2020 has been. Now National and VPR elections are upon us to top it off. Most of you know me as Kathy Cooksey's side kick as we have been welcoming you into the VPR family as the Membership committee. I have served in many other positions on the VPR Board in the past 11 years. VPR has been my second home and I've made many wonderful friends. It has come time for me to pass the torch.

So, this will be my last year as a VPR Board member.

Hopefully we will get this virus under control, so we'll be able to offer more fun events. Not being on the board doesn't mean I can't chair an event or help others that are willing to take the plunge. I'll be around to be of assistance.

A few things I'd like to get accomplished this year are:

- 1) Getting the creek crossing bridge put back into place. In getting this done we'll need some manpower so guys when your call upon please help.
- 2) A few months ago, I presented to the Board a redesign of the Sorting Pens. This would better utilize the grounds giving us more parking and pens. It's still in design discussion with the board.

Happy New Years and wishing you all a safe and healthy year for 2021.  
WEAR YOUR MASK!

Happy Trails,  
Teri Arditto

## **Jesse Lora**

Thank you to all Vista Palomar Riders members for allowing me to run for the 2021 Board of Directors.

I have been an active VPR member since 2011 and have held positions on previous Boards of Directors. If elected to this year's board, I bring 10 years of experience as a VPR member, my experience gained from volunteering and being involved with VPR activities, as well as knowledge and experience gained from being a previous board member.

If elected, I will continue my passion to serve as a valued member of VPR and work hard as your elected VPR board member for 2021 and beyond. In the last 10 years I have watched VPR grow and change for the better and am excited for what the future brings for our wonderful club.

COVID-19 has greatly changed with how we do business. As your 2021 VPR Board Member, I am able to improve VPR's communication assets and open up avenues that can better serve our current and future VPR members.

To be a Vista Palomar Riders board member is an honor, which is earned. I hope VPR members put their trust in me for 2021.

I look forward to our 2021 VPR journey together.



## Laurie Maldonado Luitwieler



Please allow me to introduce myself to those I have not yet had the pleasure of meeting. I am a long standing VPR member of 20+ years. Professionally, I am a Commercial Loan Specialist for a local Bank. My Husband and I raised our 2 children within our extended VPR family. Our kids are both adults and married now but have wonderful memories of our years in this club.

During my membership with VPR, I've had the pleasure of holding several positions on the Board including, President, Vice President, Secretary, Board Member and Youth Group Leader. I've also managed or co-managed many events, including VPR Horse Shows seasons, Wagon Wheels, Game Days, Trail Rides, camping and Happy Hours.

More recently, I served as a Board member this past year. I am looking forward to serving another term and finding ways for our membership to come together with our horses. Together we can navigate this strange time to find ways to support and engage with the horses we all love.

Cheers to another year with our VPR family.  
Warm regards,  
Laurie

## Diane Rachels

Hi all. For those whom I have not yet met, I have been a member of VPR for two years. I moved to Vista in 2014 with the help of Shelly Fin and Marilee Lowe. It wasn't until I was able to purchase a horse trailer in 2018 that I finally approached Marilee about joining a riding club. I am so glad I did because I have met so many wonderful people (you!) and had many hours of memorable and enjoyable riding.

I first started riding in elementary school when I would tag along with a friend who had a horse. We lived in Garden Grove and would walk to the stables along the Santa Ana riverbed. I was fearless, and she put me on anything that moved. It was many years later, in 1991, that I bought a share in R Ranch in the Sequoias where we would vacation and ride the horses several times every year.

I bought my first horse, the same one I ride today, Epona, for my daughter Talaya, 18 years ago. Within a year I had purchased another one for myself. A 6-year-old Egyptian Arab mare a few stalls down had a for sale sign. She was ready to go to the auction because no one wanted her. She had been abandoned for over a year, stall bound, and abused. They put a saddle on her, and I rode her in a round pen. She didn't try to hurt me or kill me, so I said, "Good enough". I bought her. Good thing I was still fearless.

We had years of exciting trail rides and learned a lot. Eventually, Talaya and I both went to college and a friend asked to buy my horse. Still I kept Epona, who travelled with me everywhere I went. After college, we purchased the property in Vista and I eventually moved her home with me.

I would like to be a member of the board so I can be more involved in VPR and be encouraged to be more hands-on with activities. I would like to serve in whatever capacity I am able. Thank you for your confidence in me.



## **Richard Winters Clinic** by Cindy Rota



On Sept 12 & 13, Richard Winters joined us for an Advancing Horsemanship Clinic. Richard currently lives in Texas; trains horses and competes in the sport of Working Cow Horse. Eleven participants thoroughly enjoyed the weekend while learning 4-part harmony by isolating and moving the four main body parts of their horses. Richard encouraged us to reach outside our comfort zones, walk, trot and lope our horses on a loose rein. We worked on train circles, counter bending and ended the clinic with simple and flying lead changes. We hope that Richard will return in 2021 for another clinic, possibly with cows next time.



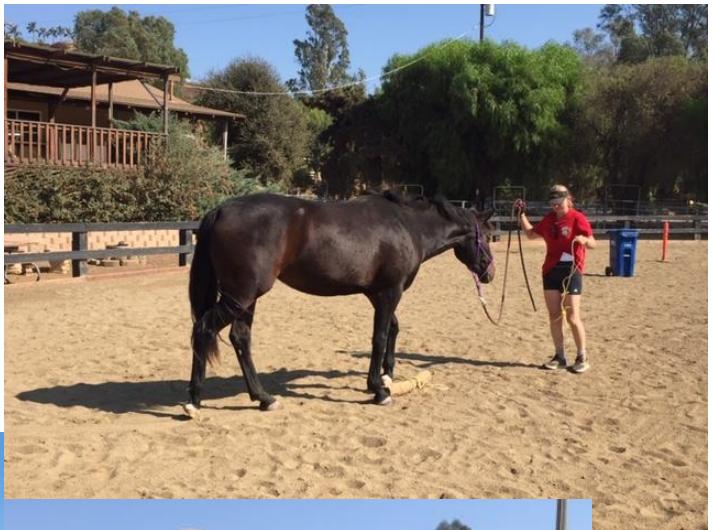
courtesy of:  
**Jesse Lora Photography**

## HALLOWEEN FUN AT CASPERS



A big thank you to those members who came out to the Obstacle/Desensitizing clinic in October! It couldn't have taken place without the great planning and work efforts of Teri Rogers and our volunteer member leaders: Diana Buchanan, Lyn Lynch, and Monica Robinson! Christine Sherer helped with obstacles and clean up, along with several participants. We had some outside guests who we hope may join, and Janya Orfeyeva and Heather Hindergartner won the \$25 cash prizes for the "follow the leader" exercises. It's our membership that makes things happen. We appreciate everyone who joined in. This helped the club pay for some expenses!

Gail Cantrell



## Bridge Work Party

Ron Halliburton - Diana Buchanan - Julie Brown - Jini Moeller - Bob Critz - Teri Ardito



## Show Me the Money Virtual Horse Show by Jini Moeller

Want to set some training goals for yourself and your horse? You can enjoy the experience of showing and get valuable feedback from real judges. You work on their posted patterns and have someone video your ride on your home turf and submit online. There are on-going classes each month. Check out Hanson Quarter Horses on Facebook and go to their post "Show Me the Money Virtual Horse Show".



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